



**Philomena
House**

Maternity Home

2024

Newsletter

Rebecca's Story of Abortion Regret

I have to say, it was the worst decision of my life. I have never felt more selfish in my life. It has been 3 months, and I find myself replaying my entire life as though if I could go back and change everything.

It's crazy how much my life has changed. And how I sit at home questioning all my choices. I find myself feeling emotions that I had never felt until that point. If I could offer one piece of advice, for someone such as myself. That was so vehemently against an action and then chose to go through that action, it is not worth it. The decision to not choose life has destroyed mine. I was always a free spirit.

And now, I couldn't even tell you the last time I worked out, and you know what, I do not even care. I loved life, I was afraid of getting old, I wanted to live forever. And now I find myself not caring, hoping the days to pass so that I may be done with my time in this earth. I find myself looking at others lives and thinking, I wish I had their life. I wish I had their experience. These are emotions that never crossed my mind prior to the event.

I never questioned any decision I had ever made, I never question where I was in life, and now, that's all I do. Having a baby would've been a hella lot easier than this emotional roller coaster I have been on.

Worst mistake ever.



Abortion Healing: Rachel's Vineyard Minnesota, 763-250-9313

DIRECTOR'S UPDATE By Nancy Kiolbasa

Client Story:



I am thrilled to share a heartwarming update from Philomena House: a story of hope, resiliency, and the impact of your support.

Some details have been changed to protect her privacy.

Last year, a client, "Margaret," called after finding our phone number online. "I am having a baby in a few months, and I am homeless," she said.

Margaret's journey to Philomena House began when she found herself without a home, moving from couch to couch after a fallout with her friend. At one point, she tried paying someone \$600 monthly to rent a room. However, that situation took a dark turn when Margaret found herself entangled in a dangerous domestic violence situation. Margaret tried to intervene for a roommate being attacked. This harrowing experience ended with her being attacked.

You can imagine Margaret's joy at moving into Philomena House. She delivered a healthy baby boy and they are both thriving.

PHILOMENA HOUSE PRAYER PROGRAM

Did you receive this Prayer Program e-mail on January 22? If not, please call us so we can add your e-mail to the list.

January 22, 2024

Good morning,

My heart is filled with gratitude that our prayers were answered and Roe v Wade is no longer "the law of the land." Hurray!

As we continue on with prayers and sacrifices, let us pray for "Ann" today. She is an 18-year-old who was initially joyful about her pregnancy. Anna's world took a sudden turn when her boyfriend broke up with her. As she shares her sorrow and tells people she is now considering adoption, everyone is saying abortion instead. And this pressure comes when she is so vulnerable from the break-up.

Let us pray she is able to hear our words of encouragement.

God bless, Nancy

Savanah and her mom are in the kitchen at Philomena House!



SAVE THE DATE 2024 BANQUET

Please save the date for our next banquet. Philomena House will hold it at The Grand Banquet Hall in Stillwater on Tuesday, October 15.

Banquet Speaker:

Matt Birk will be the Keynote Speaker at our banquet in October. Matt is a Super Bowl champion, speaker & author. Matt and his wife, Adrianna, are the proud parents of eight children.



Shing Light Award:

Fr. Spencer Howe, pastor at Holy Cross Catholic Church, will be honored, in the spirit of St. Philomena, with the Shining Light Award at our banquet, October 15 in Stillwater.



Tribute Giving

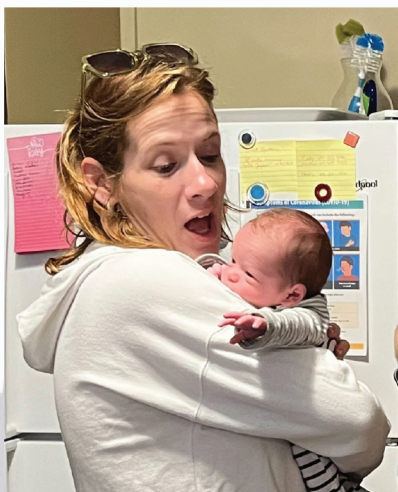
Donations In Memory of:

Diane Rother by Christie & Matt Turner
Rita Moosbrugger by Chris Moosbrugger
Julia Norton Delcompare by Jim and Cynthia Norton
Pam Wolf by Joe and Nancy Kiolbasa
Robert Howlett by Jennifer and Dave Smith
Anna Mae Barklow by Jennifer and Dave Smith
Connie Aumann by Monica and Tom Moriarty
Martha Koettters by Nancy & Tom Arata
Rita Moshier by Cheryl Vogel
Robert Blickhan by Nancy & Tom Arata
Lu Ann Maanum by Nancy & Joe Kiolbasa

Luke Christopher Barnhart by Kim Barnhart
Donna Siemers by Liz & Rod Bernardin
Donna Siemers by Ann and Jim Manthey
Dorothy Scott Simonet by Nancy & Joe Kiolbasa
Linda Blickhan by Nancy & Tom Arata
Lisa Cumpston by Diane Keehr & Dan Peinovich

In Honor of:

Donna & Richard Trent's granddaughter
Lilian Marie
Brother Didacus by Kathy and Matt Angstman
Helen Wilkie by Mary McClure



On Tuesday evenings we have a weekly Community Dinner. Clients that have gotten off the abortion come to Philomena House for the comradery with other pregnant women, support from staff and to get baby items donated by the community.

Our house mother models the sweatshirts created by a donor with our logo on it. We have a whole box full so feel free to stop by and pick one up!



We rent this house near Como Park. We hope in the future to buy a home for our clients and remodeled it to fit their needs better.



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